

RESOLUTION TO AUTHORIZE THE HEALTH COMMISSIONER TO DESIGNATE OCTOBER AS "NATIONAL FARM TO SCHOOL MONTH" AND OCTOBER 14TH AS "GREAT LAKES GREAT APPLE CRUNCH DAY," IN FRANKLIN COUNTY.

WHEREAS, Farm to School programs connect schools and local farms to serve nutritious meals in school cafeterias and support local farmers;

WHEREAS, studies demonstrate that children in schools with an active Farm to School program increase their average consumption of fresh fruits and vegetables by 1 or more servings per day;

WHEREAS, Great Lakes Great Apple Crunch Day, celebrated alongside National Farm to School Month, encourages residents and business throughout Franklin County to join Central Ohio school students as they crunch into Ohio grown apples at noon on October 14th, 2021, to bring greater awareness of the nutritional, economic, and social benefits of local foods in Ohio;

WHEREAS, it is vital for children and adults to consume the recommended 5 servings of fruits and vegetables per day to help prevent obesity and related chronic illnesses, the Great Lakes Great Apple Crunch Day supports greater consumption of fruits, vegetables, whole grains, by providing locally grown fruit in our schools; and

WHEREAS, demonstrating Franklin County's ongoing commitment to ensuring all residents have improved access to and education about healthy, affordable local food the City of Columbus and Franklin County adopted a Local Food Action Plan in November of 2016.

Now, therefore, upon motion of Board Member _____, second by Board Member _____;

BE IT RESOLVED BY THE FRANKLIN COUNTY PUBLIC HEALTH BOARD MEMBERS;

1. That Franklin County Public Health recognize October as National Farm to School Month, and October 14th, 2021 as Great Lakes Great Apple Crunch Day, and encourage schools and business to participate
2. That this resolution shall be in full force and effect immediately upon its adoption.

Voting Aye Thereon:

Board Members
Franklin County Public Health

Voting Nay Thereon:

Board Members
Franklin County Public Health