

RESOLUTION 23-189

November 14th, 2023

RESOLUTION TO AUTHORIZE THE HEALTH COMMISSIONER TO ENTER INTO A CONTRACT WITH LOCAL MATTERS TO CONDUCT A COOKING DEMONSTRATION FOR THE 2024 MINORITY HEALTH MONTH GRANT **(EXPENSE of \$450.00 – UTILIZING MINORITY HEALTH GRANT FUNDS)**.

WHEREAS, Franklin County Public Health (FCPH) has been awarded funding from the Ohio Commission on Minority Health for the purpose of supporting activities that increase community wellness and empowerment among residents in Whitehall and Reynoldsburg focused on promoting access to healthcare and prevention of cardiovascular disease, diabetes, substance use, and mental health disorders; and

WHEREAS, Reynoldsburg and Whitehall have increased cases of diabetes and heart disease in comparison to Franklin County. There is an increase in evidence that supports teaching patients how to cook meals at home as an effective medical intervention for improving diet quality, weight loss, and diabetes prevention. For adults who cook meals at home, about 72.3% of the residents in Franklin County does so in comparison to the residents of Whitehall which has a value of 66.9%; and

WHEREAS, the cooking demonstration would focus on recipes and skills relevant to chronic diseases such as diabetes, hypercholesterolemia, and hypertension. It will help the attendees to be equipped with the knowledge and skills related to healthy eating and disease prevention and/or management. With a Registered Dietitian as the lead, the attendees can receive professional nutrition guidance; and

WHEREAS, Local Matters would partner with Franklin County Public Health to host a cooking demonstration class for community members of Reynoldsburg and Whitehall; and

WHEREAS, the Division of Health System and Planning engages with the community in support of PHAB Domain 3 to inform and educate about public health issues and functions, and Domain 4 to engage with the community to identify and address health problems;

Now, therefore, upon motion of Board Member _____, second by Board Member _____;

BE IT RESOLVED BY THE FRANKLIN COUNTY BOARD OF HEALTH, BOARD MEMBERS;

1. That the Health Commissioner is authorized to enter into a contract with Local Matters to conduct a cooking demonstration for the 2024 Minority Health Month Grant **(expense of \$450.00)**.
2. That this resolution shall be in full force and effect immediately upon its adoption.

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Voting Aye Thereon:

Board Members
Franklin County Board of Health

Voting Nay Thereon:

Board Members
Franklin County Board of Health